



March 2014

Special points of interest:

- Mar 1 Hall Closet Thrift Shop
- Girl Scout Tea Party
- Mar 2 Communion
- Confirmation Class
- Mar 5 Ash Wednesday service
- Mar 6 Keenagers
- Mar 9 New Member Class
- Mar 11 Sarah Circle
- Psalm Bible study
- Mar 12 Esther Circle
- 7 p.m. UMW
- Choir & Cantata rehearsal
- Mar 13 Lunch Bunch
- Orem's Chick Fil A NIGHT
- Mar 16 Confirmation class
- Mar 17 Rachel Circle
- Mar 18 Psalm bible study
- NeedleBees
- Mar 19 Choir & Cantata rehearsal
- Mar 20 Admin Board
- Mar 27 MOO

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# OREMS BEACON

## Orem's United Methodist Church



### NEW MEMBER CLASS

If you are interested in joining in fellowship with our church, we are offering a 3 week New Member Class. Classes are on Sunday, March 9, 1pm-2:30pm; Sunday, March 23, 1pm-2:30pm; Sunday, April 13, 1 pm-2:30 pm

We have a lot of fun and hope you will want to join us.



### ASH WEDNESDAY SERVICE

7 pm March 5th here at  
Orem's United Methodist  
Church

*Let's take a journey  
during Lent....*

*a 6 week journey through the  
Psalms.*

Fasten your seat belts because there will be a few bumps along the way as we take our whole range of human experience and emotions to God in psalm prayer. This journey mirrors Jesus' march toward Jerusalem, Good Friday, and Easter. Be prepared to stretch your understanding of prayer and of faith along the way. We live in an atmosphere of fear -- of terrorists, snipers, product contamination, identity theft, strange diseases that are medically resistant, home invasions, and dwindling retirement funds. We are over stimulated and distracted by scandals, things to buy, and foreign wars and uprisings. How can we find God in the middle of such a world as this? How can we envision the kind of world that God intends for us?

The figurative, image-laden language of the Psalms can help and Lent is a perfect time to do this. The Study begins on Tuesday March 11th through Tuesday April 15th.

**WE WILL BE OFFERING AN AFTERNOON (2PM) AND AN EVENING CLASS (7PM)**

If YOU want to join us, please add your name to the sign-up sheet so we know how many supplies to have prepared.

Dear Church,

What an exciting time of the year it is to be alive. First we celebrated the Birth of our Savior and now we are awaiting the remembrance of the Death and celebration of the resurrection of His life. The Choirs and music department are very busy preparing Lenten/ Holy week musical offerings. Not to mention the Easter cantata and special Easter Sunday music.



I want to give my moment of thanks to all who are assisting in singing the Easter Cantata. We have 30 singers this year. I am eternally appreciative. Over the coming months, I will be implementing some more musical styles into worship. Whether it be pre service music, prelude, postlude, offertory or special anthem. I look forward to making many more Sundays of music with everyone.

Its that time again. I will be posting the summer music sign up sheet EARLY so I can know who has a Sunday covered. If you sing or play an instrument I would love to talk to you. Please sign up- the sheet will be outside my office door to the right.

Please look in the coming weeks in the newsletters, bulletins and announcements for Musical events. I am arranging a few special concerts to happen over the summer, one I will be giving, is a piano and organ recital sometime in the late spring.

Just a few dates to remember:

Saturday March 15<sup>th</sup> 9 am- Mandatory Cantata rehearsal.

Saturday April 12<sup>th</sup> – Mandatory dress rehearsal.

Please remember these dates. As always be well and never hesitate to contact me.

Peace,

Ben Boellner

The United Methodist Women continue to support *The Center for Pregnancy Concerns*. *They are accepting donations of Maternity Clothing, Baby clothes up to size 4 T, and other items a mother to be may need. You may drop off the donations at the Center at 442 Eastern Avenue or bring your donations to the Church (Please have them marked For CPC or Center for Pregnancy) and we will see that they are delivered to the Center. Thank you for helping with this mission.*



**"Help me, Lord,  
to walk this Lent  
with you wherever  
you lead."**

## THANK YOU

Dear Orem's Church Family

We want to thank everyone for their acts of kindness after the sudden death of our nephew, Thomas West. Tom was like another son to us so he is greatly missed. The prayers, calls & cards have been very comforting.

God Bless all of our Orem's family.

John & Charlotte West

Our Director of Music and Organist, Mr. Ben Boellner introduces some young music lovers to the Rodgers Organ.



## LOG CABIN CANDY FUNDRAISER

February 9- March 23, 2014

UMW will be selling Log Cabin Easter Candy again this year. The candy sale begins on United Methodist Women Sunday, Feb 9th and will be sold thru March 23<sup>rd</sup>. The candy will be distributed Sunday, March 30th and Sunday, April 6th, in the connecting hallway. Contact Mary Eisely 410-686-5815 if you would like a flyer to buy or to sell candy.

**GIFT OF CARING** You don't have to eat the candy!

**You can purchase a box of Easter Eggs for \$4.00 and have them donated to the men at The Streets of Hope-Homeless Mission. Last year 92 boxes were donated to the men at the Streets of Hope and they loved it! Let's try to make this Easter just as special!**



## UNITED METHODIST WOMEN

**The United Methodist Women will meet on Wednesday March 11, 2014 at 7pm in the fellowship hall. Please join us as we continue to plan for our missions and ministries.**

"You don't have to be a member of The United Methodist Church to join. Our membership is diverse, women of many races, cultures, languages, young and old. There is no minimum age requirement" ([new.gbmg-umc.org](http://new.gbmg-umc.org))

### OUR PURPOSE:

*"United Methodist Women is a community of women whose purpose is: To know God and to experience freedom as whole persons through Jesus Christ, To develop a creative supportive fellowship and To expand concepts of mission through participation in the global ministries of the church."*

## Food Pantry News

Our pantry receives requests for food on a weekly basis. Unfortunately in this economy many people can not make ends meet till the next paycheck comes in.

Orem's Elementary school is holding a fundraising event at the end of March and asking folks to bring food to donate to our pantry. This will help a great deal. However, We are in need of certain items. If you are able to help us in anyway it would be greatly appreciated by everyone involved. Here is the list

of needed items: Canned Chicken, instant potatoes, pancake mix and syrup, Tuna, canned hams, Boxed Juices, rice, canned fruits of all kinds, beef stew, muffin mixes, Jello and pudding, Cereals, Mac and Cheese, soups, jelly and peanut butter and pork and beans. We will also gladly accept gift cards to area Food stores so that folks can purchase Milk, eggs and bread. Thank you for all you do to help keep this mission working.



## MEMORIAL FUND

The following memorials have been given in memory and in honor of loved ones:

In memory of:

**Lydia Sue Jenkins Rose** given by  
Gene and Martha Van Den Hevel,  
John and Charlotte West, Norman  
and Linda Miller

**Mary Nell Norwood given by** John and  
Charlotte West

**Leroy Harryman** by John and Charlotte  
West

**Frederick Jackson** by Carleen Jackson

**Thank you for your thoughtfulness,**

**Yours in Christ**

**Donna Winner**

**Memorial Fund Treasurer**

### NEWSLETTER:

Information is due into the office by March 15th to be included in the April newsletter.

## DISCIPLES OF YARN

Disciples of Yarn continues to respond to those in need of comfort. If you are in need of a Prayer Shawl contact the Church office 410-687-9483 or Mildred Shephard.



Thank you to everyone who works so hard and prayerfully for this mission.

If you are interested in helping this mission by making the Prayer Shawls, please contact Mildred Shephard. We have many folks who have helped to make shawls for several years and have moved on to other interests. Our need for Prayer Shawls has not diminished. If you need help with purchasing yarn to make the shawls, please call the church office.

If you need instruction to crochet or knit, Karen Dull and Mildred Shephard would be happy to help you at one of our Needle Bee meetings.

The Needle Bees will be meeting on Mar 18th, April 1st, April 29th and May 13th . Come and join us to do a needle craft of any kind. We meet at 6:30 p.m. in Room 100.



May your blessings outnumber  
The shamrocks that grow,  
And may trouble avoid you  
Wherever you go.

Irish Blessing



## COMING SOON... A NEW BIBLE STUDY

### The Christ-Centered Woman: Finding Balance in a World of Extremes

Led by Mrs. Nikki Hart

Sometimes the commitments and pace of daily life can make us feel as if we're on a whirling merry-go-round and dangerously close to losing our sense of balance – or being flung off altogether. We need to discover a calm center from which to handle the distracting forces of life that seek to move us away from what is truly important.

In this six-week Bible study, Kimberly Reisman provides an in-depth guide to finding balance at every age and stage of life. Rather than the typical self-help solutions the world offers, she leads us to the biblical answer to stress and imbalance: living a Spirit-filled, Christ-centered life. Using a wheel as a metaphor for the journey to a Christ-centered life, she identifies barriers to balanced living and explores what the Bible teaches about Christ-centered living – showing us in practical terms how placing Christ at the center of our lives leads to the wholeness and balance God desires for us.

The participant book guides women in daily personal study and the interactive format includes space for responding to questions and recording personal reflections.

Classes include the following topics: 1. Good Enough, 2. Temperance, 3. Self-Discovery, 4. Authenticity, 5. Calling, 6. Power and Purpose, and 7. Flexibility.

A sign-up sheet will be circulated on March 30, April 6 and April 13<sup>th</sup>. The cost for the participant book is \$10. **Class will be offered on Tuesday afternoons from 2pm to 3:30pm.**

**Dates: April 29, May 6, May 13, May 20, May 27, and June 3.**

**YOU DON'T WANT TO MISS THIS WONDERFUL OPPORTUNITY!!!**

### **BOARD OF CHILD CARE**

Board of Child Care Auxiliary Membership Drive – Membership Drive will begin soon. Please look for envelopes in your church bulletin.

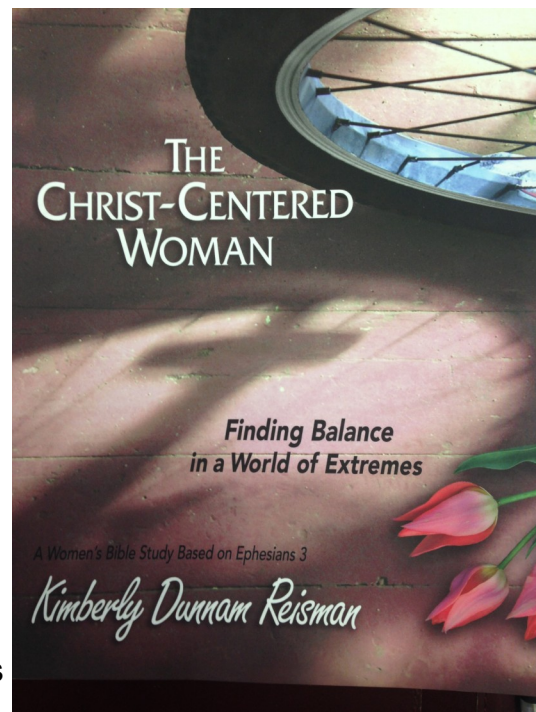
Please complete info on envelope and include in the envelope \$2.00 and place in offering plate. Extra envelopes will be available in the Narthex. We will be collecting for two Sundays.

Just a reminder don't forget about Campbell Soup labels and Box tops. The collection bin is located in the connecting hallway. Details regarding what is acceptable are located by the bin.

God Bless,

Tammy Brown

Board of Child Care Liaison





***“Happiness is a habit – – cultivate it.” ~ Elbert Hubbard***

Happiness is one aspiration all people share. No one wants to be sad and depressed. We’ve all seen people who are always happy – even amidst agonizing life trials. I’m not saying happy people don’t feel grief, sorrow or sadness; they just don’t let it overtake their life. The following are 21 things happy people make a habit of doing:

### **1. Appreciate Life**

Be thankful that you woke up alive each morning. Develop a childlike sense of wonder towards life. Focus on the beauty of every living thing. Make the most of each day. Don’t take anything for granted. Don’t sweat the small stuff.

### **2. Choose Friends Wisely**

Surround yourself with happy, positive people who share your values and goals. Friends that have the same ethics as you will encourage you to achieve your dreams. They help you to feel good about yourself. They are there to lend a helping hand when needed.

### **3. Be Considerate**

Accept others for who they are as well as where they are in life. Respect them for who they are. Touch them with a kind and generous spirit. Help when you are able, without trying to change the other person. Try to brighten the day of everyone you come into contact with.

### **4. Learn Continuously**

Keep up to date with the latest news regarding your career and hobbies. Try new and daring things that has sparked your interest – such as dancing, skiing, surfing or sky-diving.

### **5. Creative Problem Solving**

Don’t wallow in self-pity. As soon as you face a challenge get busy finding a solution. Don’t let the set backs affect your mood, instead see each new obstacle you face as an opportunity to make a positive change. Learn to trust your gut instincts – it’s almost always right.

### **6. Do What They Love**

Some statistics show that 80% of people dislike their jobs! No wonder there’s so many unhappy people running around. We spend a great deal of our life working. Choose a career that you enjoy – the extra money of a job you detest isn’t worth it. Make time to enjoy your hobbies and pursue special interests.

### **7. Enjoy Life**

Take the time to see the beauty around you. There’s more to life than work. Take time to smell the roses, watch a sunset or sunrise with a loved one, take a walk along the seashore, hike in the woods etc. Learn to live in the present moment and cherish it. Don’t live in the past or the future.

### **8. Laugh**

Don’t take yourself – or life – too seriously. You can find humor in just about any situation. Laugh at yourself – no one’s perfect. When appropriate laugh and make light of the circumstances. (Naturally there are times that you should be serious as it would be improper to laugh.)

### **9. Forgive**

Holding a grudge will hurt no one but you. Forgive others for your own peace of mind. When you make a mistake – own up to it – learn from it – and FORGIVE yourself.

## **10. Gratitude**

Develop an attitude of gratitude. Count your blessings; All of them – even the things that seem trivial. Be grateful for your home, your work and most importantly your family and friends. Take the time to tell them that you are happy they are in your life.

## **11. Invest in Relationships**

Always make sure your loved ones know you love them even in times of conflict. Nurture and grow your relationships with your family and friends by making the time to spend with them. Don't break your promises to them. Be supportive.

## **12. Keep Their Word**

Honesty is the best policy. Every action and decision you make should be based on honesty. Be honest with yourself and with your loved ones.

## **13. Meditate**

Meditation gives your very active brain a rest. When it's rested you will have more energy and function at a higher level. Types of meditation include yoga, hypnosis, relaxation tapes, affirmations, visualization or just sitting in complete silence. Find something you enjoy and make the time to practice daily.

## **14. Mind Their Own Business**

Concentrate on creating your life the way you want it. Take care of you and your family. Don't get overly concerned with what other people are doing or saying. Don't get caught up with gossip or name calling. Don't judge. Everyone has a right to live their own life the way they want to – including you.

## **15. Optimism**

See the glass as half full. Find the positive side of any given situation. It's there – even though it may be hard to find. Know that everything happens for a reason, even though you may never know what the reason is. Steer clear of negative thoughts. If a negative thought creeps in – replace it with a positive thought.

## **16. Love Unconditionally**

Accept others for who they are. You don't put limitations on your love. Even though you may not always like the actions of your loved ones – you continue to love them.

## **17. Persistence**

Never give up. Face each new challenge with the attitude that it will bring you one step closer to your goal. You will never fail, as long as you never give up. Focus on what you want, learn the required skills, make a plan to succeed and take action. We are always happiest while pursuing something of value to us.

## **18. Be Proactive**

Accept what can not be changed. Happy people don't waste energy on circumstances beyond their control. Accept your limitations as a human being. Determine how you can take control by creating the outcome you desire – rather than waiting to respond.

## **19. Self Care**

Take care of your mind, body and health. Get regular medical check ups. Eat healthy and work out. Get plenty of rest. Drink lots of water. Exercise your mind by continually energizing it with interesting and exciting challenges.

## **20. Self Confidence**

Don't try to be someone that you're not. After all no one likes a phony. Determine who you are in the inside – your own personal likes and dislikes. Be confident in who you are. Do the best you can and don't second guess yourself.

## **21. Take Responsibility**

Happy people know and understand that they are 100% responsible for their life. They take responsibility for their moods, attitude, thoughts, feelings, actions and words. They are the first to admit when they've made a mistake.

Begin today by taking responsibility for your happiness. Work on developing these habits as you own. The more you incorporate the above habits into your daily lifestyle – the happier you will be.

**Most of all: BE TRUE TO YOURSELF.**

## **Did Jesus Really Exist?** selections from writings by Dr. Paul Maier

There is more evidence that Jesus of Nazareth certainly lived than for most famous figures of the ancient past. Aside from Messianic predictions in the Old Testament, the four Gospels and 23 other documents in the New Testament would not make an ounce of sense if Jesus had never lived.

Jewish rabbinical traditions not only mentions Jesus, but also spell his name accurately in Aramaic, Yeshua Hannotzri—Joshua (Jesus) of Nazareth. Even mentions the arrest notice for Jesus: *He shall be stoned because he has practiced sorcery and lured Israel to apostasy. Anyone who can say anything in his favor, let him come forward and plead on his behalf. Anyone who knows where he is, let him declare it to the Great Sanhedrin in Jerusalem.*

First-century Jewish historian, Flavius Josephus, mentions Jesus midway through his discussion of events in Pontius Pilate's administration:

*At this time there was a wise man called Jesus, and his conduct was good, and he was known to be virtuous. Many people among the Jews and the other nations became his disciples. Pilate condemned him to be crucified and to die. But those who had become his disciples did not abandon his discipleship. They reported that he had appeared to them three days after his crucifixion and that he was alive. Accordingly, he was perhaps the Messiah, concerning whom the prophets have reported wonders. And the tribe of the Christians, so named after him, has not disappeared to this day. (18:63)*

Justin Martyr, Born around A.D. 100, mentions sites associated with Jesus, such as the Bethlehem grotto in which he was born, and details of Jesus life working as an apprentice carpenter in the shop of his father Joseph, specializing in agricultural implements such as yokes for oxen and plows.

Cornelius Tacitus, historian of first-century Rome, wrote in his account A.D. 64 the great fire of Rome -People blamed the emperor Nero, and Nero blamed "the Christians," Tacitus explains "the Christians" were: "Christus, the founder of the name, had undergone the death penalty in the reign of Tiberius, by sentence of the procurator Pontius Pilatus" (15:44). He then goes on to report the horrors that were inflicted on the Christians in what became their first Roman persecution. Had Jesus never existed, he would have been the first to expose that pathetic phantom on whom such cultists placed their trust. Other ancient sources, such as Theudas and Mara bar Serapion also bear witness to the historicity of Jesus. Giving more evidence that Jesus of Nazareth was no myth, but a historical figure who truly lived.



