

## January 2013

#### Special points of interest:

- Jan. 1- Happy New Year
- Jan 2—United Methodist Women
- Jan 3 Keenager
- Jan 5 —Hall Closet Thrift Shop
- Jan 8 Esther Circle and Sarah Circle
- Jan 10—Lunch Bunch
- Jan 17— Admin Council meeting
- Jan 24 Men of Orems
- Jan 26 Leadership Training day at Perry Hall UMC
- Jan 28 Rachel Circle at home of Martha VanDenHeuvel

Day Of Visioning date to be set.

Watch for details

Orems United Methodist 1020 Orems Road Middle River, MD 21220 410-687-9483 www.oremsumc.org Email address: oremsumc@verizon.net

# **OREMS BEACON** Orems United Methodist Church

### Spirit of the Season

The Spirit of the Season was a wonderful evening for all involved. Our market place was filled with shoppers as they moved around the craft tables and examined the wares of the many vendors. Our cookie sale was so successful that we ran out of cookies long before the night was over. The Hall

of Trees decorated our connecting hallway with a brilliant light and led the way to the Live Nativity scene. Many people were touched by our Nativity scene. Mike Walters and Sara Beth Dulina did a great presentation. By the way the youth tree won the votes and we

brought in over \$200 for the Compassion International Charity. The Dundalk Chorale gave a joyous concert to an appreciative crowd. Thank you to everyone who voted for the trees and enjoyed the event.



Mary and Joseph tell their story



Hall of Trees lighting the way to the Nativity Scene



## 36 Christian Ways to Reduce Stress in 2013

There is always a lot of stress coming into Christmas....there's shopping, and cards, and presents, and wrapping, and parties, and on and on and on, making the stress go right into the New Year. Then there is the stress of New Year's Resolutions. What new thing are we going to do in the New Year. What will we resolve to change for the

good in the New Year??? Here are some good Christian suggestions to reduce stress in 2013.

"Never borrow from the future. If you worry about what may happen tomorrow and it doesn't happen, you have worried in vain. Even if it does happen, you have to worry twice."

1. Pray

2. Go to bed on time.

3. Get up on time so you can start the day unrushed.

4. Say <u>No</u> to projects that won't fit into your time schedule or that will compromise your mental health.

5. Delegate tasks to capable others.

6. Simplify and unclutter your life.

7. Less is more. (Although one is often not enough, two are often too many.)

8. Allow extra time to do things and to get to places.

9. Pace yourself. Spread out big changes and difficult projects over time. Don't lump the hard things all together.

10. Take one day at a time.

11. Separate worries from concerns. If a situation is a concern, find out what God would have you do and let go of the anxiety. If you can't do anything about a situation, forget it.

12. Live within your budget; don't use credit cards for ordinary purchases.

13. Have backups: an extra car key in your wallet, an extra house key buried in the garden, extra stamps, etc.

14. K.M.S. (Keep Mouth Shut). This single piece of advice can prevent an enormous amount of trouble.

15. Do something for the Kid in You everyday.

16. Carry a Bible with you to read while waiting in line. It is amazing how much you can read and how long you really have to wait.

17. Get enough rest.

18. Eat right.

19. Get organized so everything has its place.

20. Listen to a Christian tape while driving that can help improve your quality of life.

21. Write down thoughts and inspirations. Journaling can be fun.

22. Every day, find time to be alone.

23. Having problems? Talk to God on the spot. Try to nip small problems in the bud. Don't wait until it's time to go to bed to try and pray.

24. Make friends with Godly people.

25. Keep a folder of favorite scriptures on hand.

26. Remember that the shortest bridge between despair and hope is often a good "Thank you Jesus."

27. Laugh.

28. Laugh some more!

- 29. Take your work seriously, but not yourself at all.
- 30. Develop a forgiving attitude (most people are doing the best they can).
- 31. Be kind to unkind people (they probably need it the most).
- 32. Sit on your ego.
- 33. Talk less; listen more. Remember God made us with two ears and one mouth.

34. Slow down.

35. Remind yourself that you are not the general manager of the universe.

36. Every night before bed, think of one thing you're grateful for that you've never been grateful for before.

GOD HAS A WAY OF TURNING THINGS AROUND FOR YOU. "If God is for us, who can be against us?" (Romans 8:31)

Remember you are a precious child of God! 2013 is a wonderful, new opportunity to get closer to God and closer to others. After all, that is what is really important!

#### Rev. Ann

The Angel Tree Mission Gifts were loaded into the Stable and sorted by family. A dozen families were helped by our mission this year. A total of 32 children enjoyed Christmas with the help of Orems United Methodist Church. Thank you.





Angel Tree

thank you to Orems Church from the families of Orems. GlenMar. Victory Villa and Martin Boulevard Elementary Schools. The families were overioved and overwhelmed at all the gifts and the plentiful food baskets. Many shed tears as they loaded their cars with our packages. We served 32 children with food and gifts. Thank you for the support from this congregation. We truly touched the lives of many families in our community this Christmas.

> Thank you for all the wonderful Christmas cards. And the special visits from Orems members. Love to all, Nora Hall

Newsletter Deadline For February news is January 15th.

## THANK YOU NOTES

Dear Friends of Orems UMC,

Thank you for your support and prayers, during my father's recent illness and passing. It meant so much to my family. May God continue to bless you as much as you have blessed us.

Yours in Christ, Kathy Egner and Family

Dearest Orems Church,

I am overwhelmed at the love and support I have received from this congregation at the death of my father. Your many cards, emails, calls, flowers and attendance at the visitation and funeral have been a great source of comfort for not only myself but my entire family. My brothers and extended family were especially touched at your care and concern for our family.

Thank you for all your thoughtfulness

Love Vicki Borreson

**Dear Members of Orems** 

We would like to thank everyone for their outpouring of sympathy and support during this difficult time. The love you have shared gives comfort to our family.

Mary Jane Vigue and the family of Dave Vigue

Dear Friends of Orems Church,

Many Thanks to everyone for your kindness, thoughtfulness, and prayers for our family during Mason's hospitalization. Mason is progressing very well and is growing every day. We sincerely appreciate the colorful blanket given to him from Disciples of Yarn. He treasures it and it has brought great comfort.

Thank you again to everyone at Orems church a true blessing to us.

With love,

Joyce, David, John, Erna, Erika and Mason Scarcella

Dear Disciples of Yarn,

I greatly appreciate the prayers and the shawl. It makes me feel stronger to know I have people praying for me. I believe the prayer shawl is a reminder that God is with me and will walk with me when I am most afraid.

Forever Grateful, Jenifer Clasing



The following memorials have been given in memory and in honor of loved ones:

In memory of:

**Margaret Smith** given by Orems United Methodist Women, Esther Circle, Nikki and Wes Hart, Maureen Price, Margaret Anne Sager, Audrey Hansen, Helen Zirkle, Priscilla Waldman, Holly Neck Conservation Association

**David Vigue** given by Orems United Methodist Women, Donna McArthur and Esther Circle

**Robert L. Glenn Sr.** given by Orems United Methodist Women, Esther Circle

Janice Ledwell Szczerba by Don and Leona Egner

Thank you for your thoughtfulness, Yours in Christ Donna Winner Memorial Fund Treasurer

# **Food Pantry News**

We serviced 20 families at Christmas with baskets of food including a turkey or a ham and all the fixings plus enough food for several more days.

Our pantry is being restocked to prepare for the winter months.

Here is the list of needed items: pancake mixes, syrup, instant potatoes, pork and beans, Tuna, Canned Hams, canned Chicken, Boxed Juices, canned fruits of all kinds, cereals, biscuit mixes, Jello and pudding, jelly and peanut butter, and saltine crackers.



Choir Rehearsals are suspended until a new organist or an interim organist can be hired.

### SARAH CIRCLE NEWS

We will start the new year off with a party. The Sarah Circle will be meeting on January 8th at 11:30 a.m. at the home of Holly Paape 1825 Sunnyside Lane (Sunnyside is just off Orems Road)

Again this year, We will have the funny/reject Christmas gift exchange and a covered dish lunch. Hope all of the circle can be there for this party.

Love to all,

Jean Milavec

Change of Address

Sarah Fish 235 Jarvis Road Cutler OH 45724

Lisa Roach 4981 Andrews Ave Apt F Ozark AL 36360

#### **CHURCH MEMBERSHIP MATTERS**



#### Yes, church membership really matters!

When you and I were baptized as infants (and most of us were) our parents and sponsors or god-parents took vows for us because we were unable to take the vows for ourselves. Then when we reached the age of 12 or 13 years old, many of us went through confirmation classes and learned about the vows taken at our baptism. It was at that time, we were asked if we desired to take those vows for ourselves, which most of us did. That meant that we would take very seriously the vows of membership.

So, when you were received into church membership, you were asked this question "As members of this congregation, will you faithfully participate in its ministries by your prayers, your presence, your gifts, your service, and your witness (which was added after the hymnal was printed)?" And you said "I will."

We have a tendency to forget what all that means. First let me share with you what it means and then what it does not mean.

**Your Prayers**. We ask you to faithfully and repeatedly pray for your church...Pray for the body of Christ ...pray for all the people who are currently members, and for those who might become members that we might become even more unified under the power of the Holy Spirit and truly become a beacon of Christ's light in the world. Pray for the leadership of your church and for goodness sake, pray for your pastor.

What it is not....is a quick prayer once every 6 months. Praying for your church needs to be an important part of your daily prayers.

**Your Presence**. We ask you to come to church....every Sunday and be part of our regular fellowship. It means "Show Up" because you don't want to miss anything...smile. Be in worship together as a family and show up for the Blble studies and dinners and events and United Methodist Women and the Men of Orems.

What it is not....showing up for worship once or twice a year. It is not attending the Luau and that's it or going to the UMW and that's it. We not only want to see you but we want to be around your and get to know you as a sister or brother.

**Your Gifts.** We ask you to help to support your church through your monetary gifts and to be faithful in those gifts. In order for us as the body of Christ to continue to be here for you and to support you spiritually, we all need to be contributing through your tithes (biblical mandate of 10% of what you earn) and your offerings on a regular basis. Your church depends on your faithful gifts.

What it is not....putting 50 cents in the collection plate like a tip. The widow's mite is a biblical story and she gave one coin, but it was <u>all</u> that she had.

<u>Your Service.</u> We ask you to come and help us. Contribute to the church through your time. Volunteer to lead worship on Sunday and read the scriptures or be an acolyte (adults can be acolytes, too). You could have serve at a dinner our come and help cook. Help the trustees to fix or repair something with the building.

What it is not....Letting everyone else do all the work. It takes a lot of work to run a church and many hands make light work. Besides the best part of helping is the joy of the fellowship together.

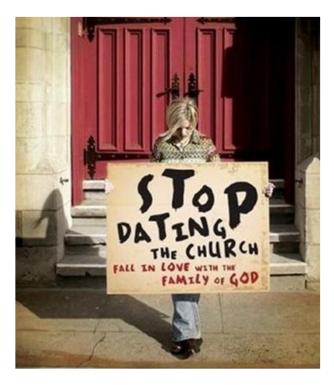
<u>Your Witness.</u> We ask you to tell people about Jesus. Have you brought someone to the love and peace that is Jesus? How many people have you brought to Jesus? I am not talking about bringing someone to church with you, although that would be a wonderful thing. . We want you to bring more people to know Jesus.

What it is not....just saying that you love the Lord and then not doing anything about it. Tell someone who does not know Jesus about what the Lord has done in your life.

Every time we baptize someone, infant or adult, we, the congregation, renew the vows we took to be a member and we promise to live a life worthy of the calling in Christ Jesus. This is the promise that we make....

As members together with you in the body of Christ and in this congregation of The United Methodist Church, we renew our covenant faithfully to participate in the ministries of the church by our prayers, our presence, our gifts, and our service (and witness), that in everything God may be glorified through Jesus Christ.

May it be so!



#### 2013 Lay Leadership Development Report Orems UMC

#### Council

Council Chair	Nikki Hart (2)
Recording Secretary	Lisa Hoerger (2)
Co-Lay Leaders	Don Schenning(3), Tom Vinck (3)
Lay Member to Annual Conference	Linda Hall(3); Nikki Hart (3)as alternate
Pastor	Rev. Dr. Ann P. Adams

#### **Programs**

Church History Chair	Karen Dull
Christian Education Chair	Lynn Clough (3)
Evangelism/Membership	Pixie Faulkner (2)
Missions Chair	Kathy Cunningham (2)
UM Women President	Margaret Eney (UMW elect their own)
Worship	Donna Sfikas (2)
Young Adult representative	
Youth Coordinators	Mike Walters
Men of Orems (MOO) President	Butch Frank

#### **Resources**

**Communications Coordinator** Jerry Fischer Committee on Nominations and Leadership Development Rev. Dr. Ann P. Adams Finance Chair Linda Hall Treasurer Jim McVicker Assistant Treasurer Charlotte West (3) **Financial Secretary** Linda Hall Staff Parish Relations Merlyn Campbell (3) Merle Clough (Trustees elect their own) Trustee Chair

#### Education

JAM (pre-school) teacher: Youth teachers: Seekers (adult): Chair: Lynn Clough (3) Lynn Clough Don Schenning, Sara Beth Dulina, Mike Walters Karen Dull, Merle Clough

#### Nurture, Evangelism, and Church Membership Chair: Pixie Faulkner (2)

Dale LedwellCharlotte Vinck (membership)Ron FinkNikki HartKathy CunninghamJudi Maynor (membership)Pixie Faulkner (Congregational Care)Margaret Eney

<b>Missions and Outreach</b> Angel Tree Board of Child Care		Chair: Kathy Cunningham Pat Pinning	
Disciples of Yarn/Prayer Shawl		Mildred Shepherd	
Food Pantry Little Feet	Pat Robertson Betsy Myers		
Girl Scout Representative Homeless Ministry	Lynn Cl	ough	
Samaritan's Purse Thrift Store	Pixie Faulkner Nora Hall, Linda Hall		
Worship		Donna Sfikas (2)	
		Lynn Clough (Sunday School coordinator) Lisa Hoerger	
Annette Falkenhan (wedding coordinator) Mike Walters (youth coordinator)		Merlyn Campbell (wedding coordinator) Cathy Horst	
Dave Vigue (ex-officio, music director) Rev. Dr. Ann P. Adams (pastor)		Robin Hoch	
Finance	Chair: I	Linda Hall (3)	

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Chair: Linda Hall (3)

Jim McVicker (Treasurer) Charlotte West (Assistant Treasurer) Nikki Hart (Council Chair) Don Schenning or Tom Vinck (Lay Leader) Donna Winner (Memorial fund secretary) Carl Horst (Capital Improvement Secretary) Joan Faust Linda Hall (Financial Secretary) Merle Clough(Trustee chair) Merlyn Campbell (SPRC chair or representative) Judi Maynor

Scholarship Committee

Chair: Pastor

Rev. Ann P. Adams (Pastor) Donna Winner (Memorial Fund Treasurer) Tom Vinck (Lay Leader) Margaret Eney (United Methodist Women President) Lynn Clough (education representative)

#### **Nominations and Lay Leadership Development**

Chair: Rev. Ann P. Adams (Pastor)

Vice chair:

Lay leader: TBD

Chair: Merlyn Campbell (3) Vice Chair:

<u>Class of 2014</u> Joyce Scarcella Kathy Cunningham

Class of 2014

Donna Winner

Chair: Merle Clough Vice Chair: Ralph Campbell

Sallie Tyner

<u>Class of 2015</u> Merle Vickers Merle Clough

Class of 2015

Elaine Masson

Charlotta Turner Terry Alexander

Lay leader: Tom Vinck and Don Schenning

Member to Conference: Linda Hall

<u>Class of 2013</u> Gloria Asbury Lisa Schenning

#### **Staff Parish Relations**

<u>Class of 2013</u> John Warrender Merlyn Campbell

#### **Board of Trustees**

<u>Class of 2013</u> Dale Ledwell Charlotta Turner Gene VanDenHeuval <u>Class of 2014</u> Fran Frank Dave Scarcella

<u>Class of 2015</u> Merle Clough James McVicker, Jr. Jeff Dulina Ralph Campbell

Ex-officio Members

Council Chair: UMW President: Lay Leader: Pastor: Nikki Hart Margaret Eney Don Schenning or Tom Vinck Rev. Dr. Ann P. Adams Charlotte West

Trustee Sub-Committees Property

Dale Ledwell

<u>Parsonage</u> Elaine Masson Terry Alexander <u>Cemetery</u> Dennis Asbury Sarah Fish Karen Dull